

## TRANSPARENT BILLING

Many patients are surprised to learn that their **total out-of-pocket cost can be comparable to – or sometimes less than – traditional in-network physical therapy**, while receiving more individualized care.

### What Makes Our Care Different

- Streamlined access to care – no more waiting for preauthorizations
- One-on-one care with your doctor of physical therapy
- Longer, focused appointments
- High-quality, evidence-based, specialist-level care
- Treatment plans based on your needs – **not insurance restrictions**

Our goal is to help you recover efficiently and get back to the activities you love.

### How Payment Works

We are **in-network with Medicare**. Our team will verify your benefits and inform you if you have any copays or out-of-pocket cost.

For other insurance plans we operate as an **out-of-network provider**:

1. **Payment at time of visit**
  - Patients pay our self-pay rate when services are provided.
2. **Receive a Superbill**
  - After your appointment, we provide a **Superbill** that includes the codes required for insurance reimbursement.
3. **Submit to insurance**
  - You can submit the Superbill through your insurance company's **online portal or by mail** to request reimbursement.

### Investment in Your Care

Initial Evaluation – \$175  
40-Minute Follow-Up – \$115  
Plan of Care Rate (6+ visits) – \$95  
60-Minute Follow-Up – \$130

### Example Reimbursement

Follow-up visit: \$95  
Example insurance reimbursement (60%): \$57  
Estimated patient cost after reimbursement: \$38  
*Actual reimbursement depends on your insurance plan and deductible.*

### Need help understanding your benefits?

Our team is happy to assist you with questions about insurance reimbursement or claim submission.

Call or text (607) 263-0022 or book online now at [www.connectptny.com/schedule](http://www.connectptny.com/schedule)